June, 23-27 2027

5th Annual Overnight Retreat

SOAR: Steppin into Adulthood with Intention Not Just Drifting Through





An overnight retreat for recent high school graduates preparing for what's next. Supporting neurodiversity through conversations, shared adventure, and everyday life skills like team-based cooking, SOAR helps young men step into greater responsibility and self-awareness. Led by licensed mental health professionals with 30+ years of combined experience supporting young adults.



To register: Contact David Paul at davidp@theracpa.net



Join us: Real conversations
Real challenge | Real growth

Lodging & Activities

Our private lodge is located inside Massanutten Resort in the heart of the Shenandoah Valley — surrounded by mountain views and built for challenge, reflection, and connection. The lodge features:

- **17-seat private theater**
- **Hot tub**
- **Full Game Room**
- **Full kitchen and outdoor grill**
- **Plenty of room to spread out**
- **Outdoor adventure: hiking, tubing swimming, and much more!**

Testimonial

"I was nervous about leaving high school, making friends, and navigating college without the same support system.

SOAR helped me realize I was more capable than I thought. I built real friendships, gained confidence, and stepped into adulthood with more clarity.

I would strongly recommend this experience to any young man preparing for college." - Previous SOAR Participant

The cost of the SOAR Retreat is $2,500, which includes lodging, all meals, activities, and the full retreat experience in a structured therapeutic environment. The weekend is led by four mental health professionals and includes both small group work and individual one-on-one connection with a counselor. Participants receive focused attention, guided support, and practical skill-building within a carefully designed setting. This is more than a getaway—it is an intentional investment in growth, direction, and momentum during a pivotal season of life. We ask for a "hold my spot" $250 fee.